



## Development and Implementation of a European Guideline and Training Standards for Diabetes Prevention

Dresden, March 2010

Dear colleagues and friends interested in the IMAGE project!

In the past you have expressed your interest in the IMAGE Project. Now the IMAGE project is approaching its official project end soon, May 2010. In this 6<sup>th</sup> IMAGE Newsletter, we would like to inform you about the final results and the venue where the results are presented.

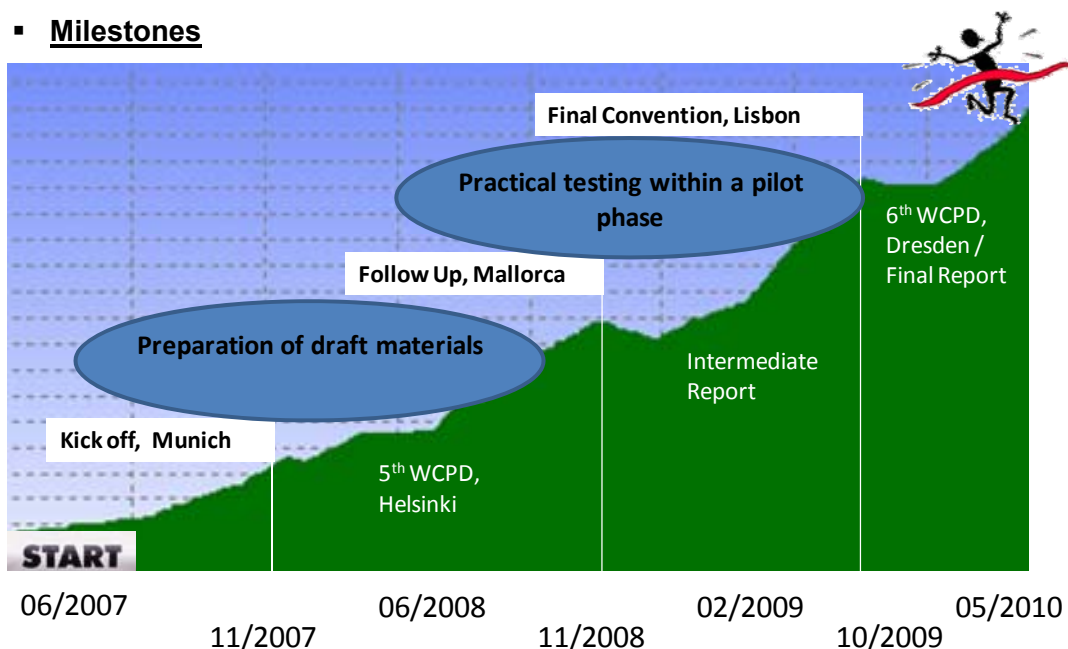
We warmly welcome everyone who has newly registered for information. You can find our previous newsletters on the IMAGE website under [www.image-project.eu](http://www.image-project.eu).

### ▪ IMAGE Goals

The IMAGE project aims to facilitate the implementation process of a European diabetes prevention strategy by developing the following practical tools for the primary prevention of type 2 diabetes:

- ✓ a European practice-oriented guideline (work package no. 4)
- ✓ a European curriculum for the training of prevention managers (work package no. 5)
- ✓ European standards for quality control (work package no. 6)
- ✓ A European e-health training portal for prevention managers (work package no. 7)

### ▪ Milestones



## ▪ Achievements of the four core work packages (WP)

WP4 and WP6 could publish their results in a special issue of the journal Hormone and Metabolic Research



### **WP 4: Development of a European practice-oriented guideline**

#### **Publication of the evidence based guideline:**

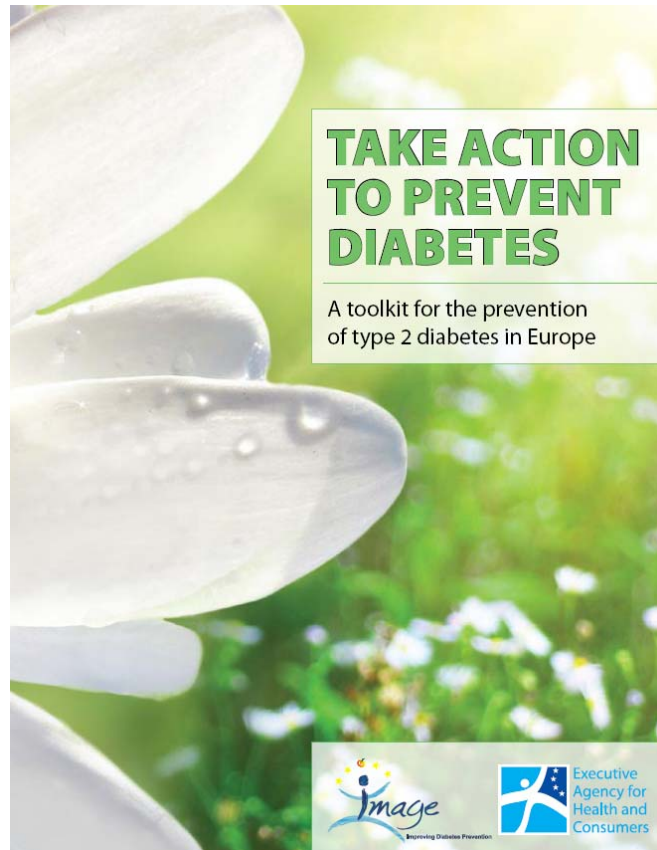
Bernhard Paulweber, Paul Valensi, Jaana Lindström, Nebojša M. Lalić, Colin J. Greaves, Martin McKee, Katarzyna Kissimova-Skarbek, Stavros Liatis, Emmanuel Cosson, Julia Szendroedi, Kate E. Sheppard, Kate Charlesworth, Ann-Marie Felton, Michael Hall, Aila Rissanen, Jaakko Tuomilehto, Peter Schwarz and Michael Roden, for the Writing Group on behalf of the IMAGE Study Group. Article: **A European Evidence-Based Guideline for the Prevention of Type 2 Diabetes**. Horm Metab Res 2010; 42 (Suppl. 1): S3-S36.

#### **Publication of the practical guideline:**

Jaana Lindström, Anne Neumann, Kate E. Sheppard, Aleksandra Gilis-Januszewska, Colin J. Greaves, Ulrike Handke, Pia Pajunen, Sabine Puhl, Auli Pölonen, Aila Rissanen, Michael Roden, Theo Stemper, Victoria Telle-Hjellset, Jaakko Tuomilehto, Dzilda Velickiene, Peter E.H. Schwarz on behalf of the IMAGE Study Group. Article: **Take Action to Prevent Diabetes – The IMAGE Toolkit for the Prevention of Type 2 Diabetes in Europe**. Horm Metab Res 2010; 42 (Suppl. 1): S37-S55.

## **Publication of the Take Action to Prevent Diabetes toolkit**

Jaana Lindström, Anne Neumann, Kate E. Sheppard, Aleksandra Gilis-Januszewska, Colin J. Greaves, Ulrike Handke, Pia Pajunen, Sabine Puhl, Auli Pölonen, Aila Rissanen, Michael Roden, Theo Stemper, Victoria Telle-Hjellset, Jaakko Tuomilehto, Dzilda Velickiene, Peter E.H. Schwarz on behalf of the IMAGE Study Group. Booklet: **Take Action to Prevent Diabetes – A Toolkit for the Prevention of Type 2 Diabetes in Europe**. 2010.



## **WP 5: Development of a European training curriculum for prevention managers**

- Structure and content (curriculum and charts) for a training course consisting of 8 modules
- Pilot studies were conducted in Portugal, are being conducted in Germany, Poland and Finland and will soon star in Austria.

## **WP 6: Development of European standards for quality control**

### **Publication of the Quality and Outcome Indicators for Prevention of Type 2 Diabetes in Europe**

Pia Pajunen, Rüdiger Landgraf, Frederik Muylle, Anne Neumann, Jaana Lindström, Peter E.H. Schwarz, Markku Peltonen for the IMAGE-group. Article: **Quality and Outcome Indicators for Prevention of Type 2 Diabetes in Europe – IMAGE**. *Horm Metab Res* 2010; 42 (Suppl. 1): S56-S63.

Pia Pajunen, Rüdiger Landgraf , Frederik Muyllé, Anne Neumann, Jaana Lindström, Peter Schwarz and Markku Peltonen for the IMAGE Study group. Report 14/2010: **Quality and Outcome Indicators for Prevention of Type 2 Diabetes in Europe – IMAGE**, National Institute for Health and Welfare, Helsinki, 2010.

## **WP 7: Development of a European e-health training portal for prevention managers**

- Set up of an e-health portal based on the open source platform Moodle
- Integration into the IMAGE website
- Assistance for the implementation of the pilot studies in Germany, Finland, Poland and Austria (to be)

### **▪ Presentation of the IMAGE results at the 6<sup>th</sup> World Congress on Prevention of Diabetes and its Complications (WCPD)**

8-11 April 2010, Dresden, Germany

The results of the IMAGE project will be presented to an international audience at the 6<sup>th</sup> World Congress on Prevention of Diabetes. Several members of the IMAGE Group will present IMAGE results in different sessions of the WCPD. The main and official presentation of the results will be on Friday, 9 April, Session 1, 13.30-15.00 (see below).

#### ***Session 1: Results of the IMAGE Project***

*Chair1: Peter Schwarz, Germany*

*Chair2: Michael Hall, Belgium*

#### ***Why do we need a diabetes prevention guideline***

*Chairmen*

#### ***An evidence based guideline for the prevention of diabetes mellitus***

*Michael Roden, Germany*

#### ***A curriculum for the training of prevention managers***

*Peter Kronsbein, Germany*

#### ***IMAGE e-learning***

*Martin Fischer, Germany*

#### ***Quality management in diabetes prevention***

*Markku Peltonen, Finland*

#### ***Discussion***

We warmly encourage you all to attend the WCPD and take the opportunity to attend the presentation of the results and to speak to members of the project. For more information about the congress, please visit: <http://www.wcpd2010.com/>.

We hope to see you there!

The final results will later also be available on the IMAGE website (<http://www.image-project.eu/>) and on the International Network – Who is Active in Diabetes Prevention ([www.activeindiabetesprevention.com](http://www.activeindiabetesprevention.com)). This Network is a spin off of the IMAGE project and will be the platform for the implementation of the IMAGE results. Please register at [www.activeindiabetesprevention.com](http://www.activeindiabetesprevention.com) and become a partner for the implementation of the IMAGE results in your environment and country.

If you are interested in any further information, please do not hesitate to get in touch with us. We would be more than happy to receive your feedback and helpful suggestions.

Please also visit our website: [info@image-project.eu](mailto:info@image-project.eu). All previous newsletters can be downloaded there.

Kind regards,

The IMAGE project management team:



Prof. Peter Schwarz  
IMAGE Project Coordinator  
- Dresden -



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IMAGE Project Manager  
- Dresden -



Executive  
Agency for  
Health and  
Consumers

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