



## Development and Implementation of a European Guideline and Training Standards for Diabetes Prevention

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Dresden / Munich, July 2008

Dear ladies and gentlemen,

We are delighted that there has been keen interest in the IMAGE project and a warm welcome to everyone who has newly registered for information. We are very pleased to keep you updated about the ongoing progress of IMAGE with this, our third Newsletter.

### ▪ **3<sup>rd</sup> Steering Committee and Work Package Meetings in Helsinki, Finland**

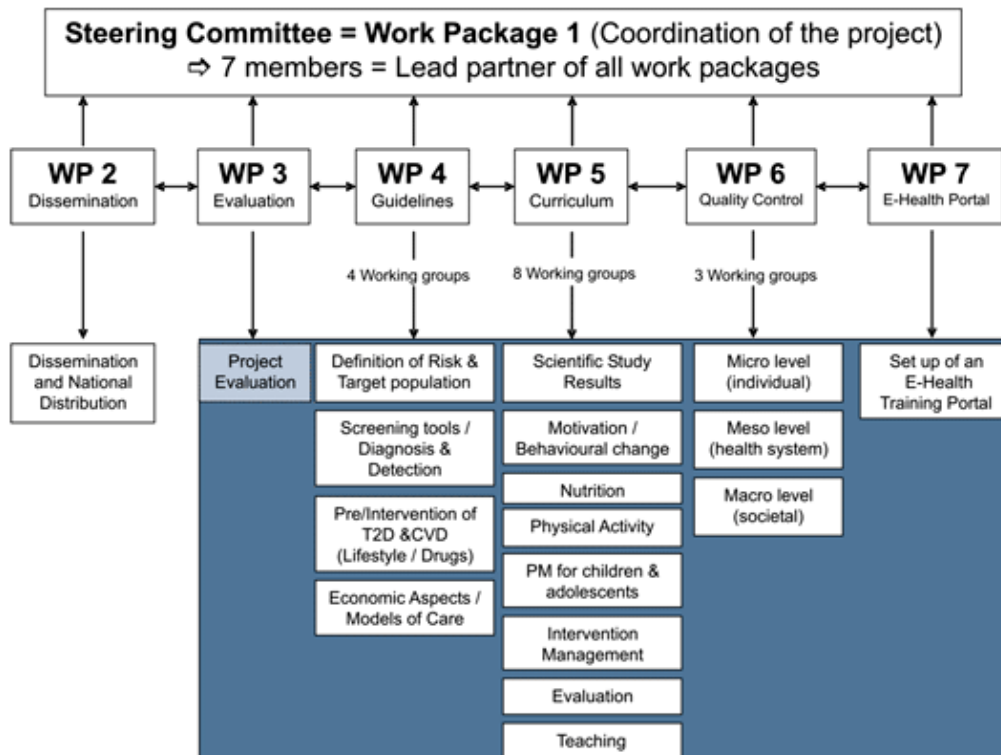
The third IMAGE Steering Committee meeting and individual IMAGE work package meetings were held from 31 May – 1 June 2008 in Helsinki, Finland prior to the 5<sup>th</sup> World Congress on Prevention of Diabetes and its Complications.

The work package leaders outlined their previous activities and elaborated on what has been achieved so far. To summarize:

IMAGE is keen that as many people as possible are aware of the project, and the first stage of communicating the project is well underway. IMAGE has so far been featured in several publications and also presented at various European and global diabetes conferences. As a result, nearly 400 people have already registered for information about the project. With the forthcoming European diabetes conferences, we are hopeful that this number will increase even further.

The IMAGE website has been given a new look and is now even more user friendly. You can visit our website at [www.image-project.eu](http://www.image-project.eu).

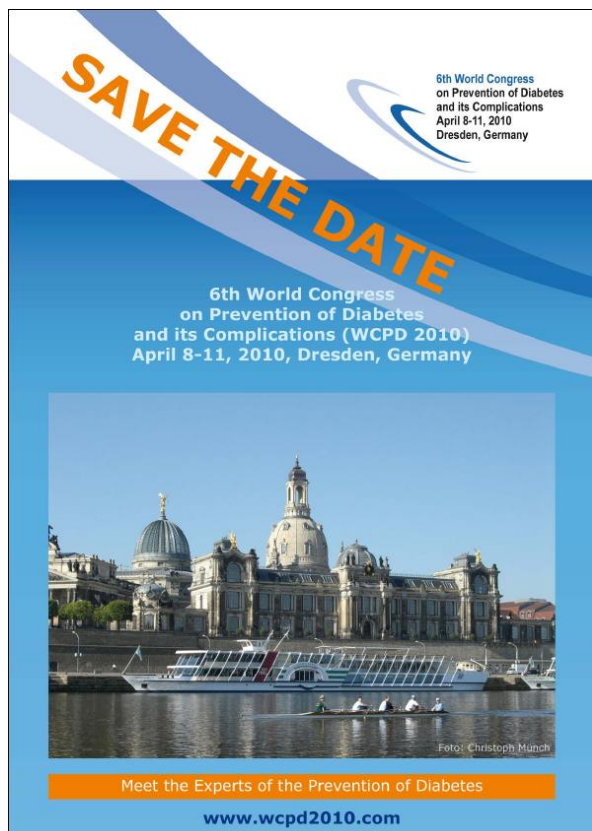
The guideline development (Work Package 4) has advanced to a stage where basic papers on the specific subtopics are currently being written up. It is anticipated that a first preliminary draft of the evidence-based practice oriented guideline will be prepared by autumn 2008, ready for discussion by the IMAGE partners at the IMAGE Follow-up Convention in November. Work packages 5 and 7 (Curriculum and E-Health Portal) are currently working jointly on eight subtopics within individual working groups as illustrated in **figure 1**. To date, the basic conditions and the structure of the curriculum sections dedicated to behaviour change, nutrition and physical activity have been defined. The content will be developed further during the second half of 2008.



**Figure 1:** Working Group structure within individual work Packages ([www.image-project.eu](http://www.image-project.eu))

- **The 5<sup>th</sup> World Congress on Prevention of Diabetes and its Complications**

On June 1-4 2008 the 5<sup>th</sup> World Congress on Prevention of Diabetes and its Complications was held in Helsinki, Finland, hosted jointly by the National Public Health Institute, Finland, and the Finnish Diabetes Association. More than 100 lectures were presented and over 1500 people from all over the world attended.



"The WCPD 2008 provided a great opportunity to share the latest scientific data and experiences on the prevention of diabetes and its complications, practical models and the tools for prevention of type 2 diabetes, and national, regional, and global strategies for combating the scourge of diabetes", the president of WCPD 2008 Pekka Puksa announced after the congress. The latest news on the congress can be found at [http://www.diabetes.fi/index.php?lk\\_id=57](http://www.diabetes.fi/index.php?lk_id=57).

The 6<sup>th</sup> WCPD will be hosted and organised by the Technical University Dresden (IMAGE Coordinator Dr. Peter Schwarz). It will take place on April 8-11, 2010 in Saxony's beautiful capital Dresden, Germany.

▪ **Upcoming scientific meetings and congresses**

The IMAGE partners will next convene at the IMAGE Follow-up Convention, November 5-8 2008 in Mallorca, Spain.

Additionally, the IMAGE exhibition stand can be visited at the following upcoming conferences:

- FEND Conference (Federation of European Nurses in Diabetes), September 5-6 2008, Rome, Italy
- 44<sup>th</sup> Annual Meeting of the EASD (European Association for the Study of Diabetes), September 7-11 2008, Rome, Italy

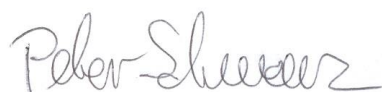
We hope to see you there!

If you are interested in any further information, please do not hesitate to get in touch with us. Of course we would be more than happy to receive your feedback and helpful suggestions.

Last but not least we wish all of you a wonderful summer season, maybe enjoying a relaxed holiday and regaining energy for the second half of the year.

Kind regards,

The IMAGE project management team:



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- Dresden -



Ulrike Gruhl  
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